

Is Invisalign Painful? What Patients Actually Experience

Concern about pain is one of the most common hesitations patients bring up when considering Invisalign, and the honest answer from Dr. Nova Aghbashian at Aghbashian Dental Corp is that most patients experience mild pressure or discomfort, particularly when switching to a new aligner in the series, but this is generally far more manageable than the discomfort associated with traditional braces. The sensation patients describe is usually a tight, pressure like feeling for the first day or two after starting a new aligner, as the teeth begin gradually shifting into their new position. This typically fades within a couple of days as the mouth adjusts, and most patients find it becomes a predictable, manageable part of the routine rather than something that significantly disrupts daily life. Unlike metal braces, Invisalign does not involve wires or brackets that can rub against the inside of the cheeks or lips, which is often the source of more significant discomfort with traditional orthodontics. This is one of the main reasons adult patients in particular [Dentist Glendale CA](#) tend to find Invisalign considerably more tolerable for extended treatment periods. Some patients do experience more noticeable discomfort during the first week of wearing aligners overall, simply from the adjustment of having something new in the mouth throughout the day, separate from the actual tooth movement itself. This initial adjustment period is temporary and distinct from the ongoing, milder discomfort associated with each subsequent aligner change. For patients with lower pain tolerance or specific concerns about discomfort, Dr. Aghbashian is happy to discuss what to expect in detail during a consultation, including simple strategies like taking over the counter pain relief during the first day or two of a new aligner if needed. Patients who have previously worn traditional braces often specifically comment on how much more comfortable Invisalign feels by comparison, particularly regarding the absence of any sharp edges or wires that can cause irritation. For patients with a genuinely low tolerance for any dental discomfort, starting with a shorter initial check-in appointment after beginning treatment can help address any concerns early rather than waiting until the next scheduled visit. Overall, most patients describe the discomfort involved as a minor, temporary trade off relative to the results achieved by the end of treatment. Patients with specific worries are always welcome to raise them directly before starting treatment. Aghbashian Dental Corp | 1000 N Central Ave #130, Glendale, CA 91202 | (818) 873-0938

Aghbashian Dental Corp Address: 1000 N Central Ave #130, Glendale, CA 91202 Phone: (818) 873-0938 FAQ About Choosing a Dentist in Glendale, CA How much does a dentist visit cost without insurance in California? Costs vary widely depending on the treatment involved and the practice you choose. Aghbashian Dental Corp presents fee-for-service pricing transparently before any treatment begins, so patients paying out of pocket know exactly what to expect. CareCredit financing and in-house payment plans are also available to help spread larger costs into manageable payments. Do any dental plans cover preventive care at 100 percent? Many dental plans do cover routine exams, cleanings and standard X-rays in full when you stay in network, though coverage details vary by plan. Aghbashian Dental Corp works with Medi-Cal, Denti-Cal and a range of PPO plans, and the front desk team is happy to help verify what a specific plan actually covers before an appointment. Is a root canal cheaper than a crown? A root canal on its own is typically less expensive than a crown, though the two are often needed together, since a tooth that has had a root canal usually requires a crown afterward to restore its strength. Dr. Nova Aghbashian's team at Aghbashian Dental Corp walks patients through the full cost of both steps upfront rather than presenting them as separate surprises. Why can a root canal cost as much as 3000 dollars? A bill in that range usually reflects both the root canal procedure itself and the permanent crown placed afterward, not the root canal alone. Aghbashian Dental Corp breaks this down clearly during treatment planning, and CareCredit or in-house financing can help spread the combined cost into more manageable monthly payments. Will a dentist pull a severely decayed tooth? Yes, extraction becomes necessary when a tooth is too damaged by decay to be saved with a filling, crown or root canal. Dr. Nova Aghbashian evaluates each case individually at Aghbashian Dental Corp, always looking first at whether the tooth can realistically be saved before recommending extraction

as a last resort. Can a tooth still decay under a crown? Yes, a crown protects the visible part of a tooth but the natural tooth structure underneath, along with the gum line around it, can still decay if not cleaned properly. Aghbashian Dental Corp checks existing crowns during routine exams specifically to catch this kind of hidden decay before it becomes a bigger problem. What hurts worse, a tooth extraction or a root canal? Most patients report that the extraction site is sorer during recovery than a root canal, since a root canal is specifically designed to relieve the pressure and infection causing pain in the first place. Both procedures are performed under local anesthesia at Aghbashian Dental Corp, and Dr. Aghbashian walks every patient through exactly what to expect beforehand. What is considered the most painful dental procedure? Public perception often points to root canals, though many patients and dentists actually consider impacted wisdom teeth removal more physically demanding during recovery. Aghbashian Dental Corp offers sedation options for more involved procedures, and Dr. Nova Aghbashian's team focuses on managing discomfort proactively rather than leaving patients to simply push through it. What destroys teeth the most? Frequent sugar intake combined with acid exposure is the leading cause of tooth decay, since this combination feeds the bacteria that erode enamel over time. Aghbashian Dental Corp's routine cleanings and exams are designed to catch this kind of gradual damage early, before it progresses into a cavity or something more serious. What drinks damage teeth the most? Energy drinks and sodas, including diet varieties, tend to cause the most damage, since they combine high acid content with sugar or artificial sweeteners that keep bacteria active on the tooth surface. Patients at Aghbashian Dental Corp are given practical, judgment free guidance on reducing this kind of damage during routine visits. What strengthens tooth enamel the most? Fluoride remains the most effective way to strengthen enamel, binding to its mineral structure and helping reverse the earliest stages of decay before a cavity actually forms. Aghbashian Dental Corp's cleanings include this kind of preventive care as standard, part of why routine visits matter even when nothing feels obviously wrong. Which teeth are hardest for a dentist to remove? Impacted wisdom teeth and molars with curved or multiple roots tend to be the most challenging to extract, often requiring more time and sometimes a surgical approach. Dr. Nova Aghbashian's training in oral surgery means Aghbashian Dental Corp handles these more complex extractions in house at the Glendale office, without referring patients elsewhere.