

Sunflowers, roses, lilies, irises and carnations can all make thoughtful Father's Day gifts in June. Choose flowers that suit his taste, and check what is available locally, since flowering seasons vary by climate.

Start with flowers he likes

The best choice is often the simplest one: a flower he already enjoys or a color he likes to have around. If he gardens, you might know a favorite from the beds he tends. If not, think about the colors and shapes he usually chooses for his home.

Sunflowers have broad faces and sturdy stems that work well on their own. Roses give a bouquet a classic shape, while carnations are a practical option with ruffled petals and a long vase life. Irises have a more delicate outline and can add height to a mixed arrangement.

- **Sunflowers:** Choose them for a bright, simple bunch with a strong shape.
- **Roses:** Pick one color for a restrained arrangement, or mix a few shades he likes.
- **Carnations:** Look for firm blooms and healthy green stems.
- **Irises:** Choose stems with some buds still closed so they can open at home.
- **Lilies:** Consider them if he enjoys their large blooms, but check that their scent suits him.

Consider June availability

June brings different flowers to market in different places. Peonies, sweet peas and garden roses may be available locally during this month, though their exact season depends on the weather and growing region. A local grower or florist can tell you what is fresh.

If a particular flower is unavailable, ask for something with a similar color or shape. A bouquet does not need to follow a strict recipe to feel personal. A few fresh stems chosen with care can be more appealing than a large arrangement of flowers he does not particularly like.

Choose a useful presentation

A hand tied bunch is easy to carry, but it will need a vase. If he may not have one, arrange the flowers in a clean jar or a simple reusable container. Keep the stems at a height that lets the container support them without tipping.

For a desk or kitchen table, a compact arrangement leaves room for everyday things. Green foliage can fill out the bunch without making it too busy. Add a short note about why you chose the flowers, especially if they remind you of a garden or a color he enjoys.

Help the flowers last

Use a clean vase and fresh water. Trim the stems before arranging them, remove leaves that would sit below the waterline, and change the water regularly. Keep the flowers away from direct heat and strong sun.

Lilies are toxic to cats, including their pollen and vase water, so leave them out of a gift for a home with cats. If pets are part of the household, check the safety of every flower and foliage choice before buying.

A small bunch in his favorite colors is enough. Pick fresh flowers, keep the arrangement easy to care for, and let the note make it yours.

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