

For a coworker's birthday, choose a cheerful, modest arrangement of flowers such as gerbera daisies, tulips, or sunflowers. Keep the colors friendly, the scent subtle, and the size suitable for their workspace.

Pick flowers that feel friendly

Gerbera daisies are a straightforward choice because their bright colors give an arrangement a celebratory look. Tulips have a simpler shape and work well in a small bunch. Sunflowers bring a sunny look, though their large heads can make an arrangement feel substantial.

You can also choose mixed seasonal flowers in colors your coworker likes. If you do not know their preferences, a combination of yellow, orange, pink, or white feels appropriate for a birthday without suggesting a romantic message.

Avoid assuming that every flower has a fixed meaning. Still, a large bouquet of red roses is often associated with romance, so another flower or color is usually a safer choice for a colleague.

Some good options to ask for are:

- **Gerbera daisies:** Bright, open flowers that suit a cheerful arrangement.
- **Tulips:** A simple choice for a small bunch in one or several colors.
- **Sunflowers:** Bold flowers that work well when there is enough space.
- **Chrysanthemums:** Available in many colors and flower shapes for a mixed arrangement.

Think about the workplace

Before choosing the arrangement, consider where it will sit. A compact vase is easier to place on a desk than a tall, wide bouquet. If your coworker shares a table or moves between workstations, a small bunch they can take home may be more practical.

Strongly scented flowers can bother people in a shared room. Ask for an arrangement with little fragrance, and avoid heavily scented lilies if the flowers will stay in the office. If you know your coworker has a flower allergy, take that seriously and choose a different kind of gift.

Delivery also matters. Check that someone will be there to receive the flowers and that the workplace accepts deliveries. If your coworker works from home, ask where they would prefer to receive them rather than sharing their address without permission.

Keep the gesture comfortable

Match the gift to your relationship and the customs of your workplace. A small bunch from one colleague is thoughtful. If a team is contributing, a larger arrangement can make sense, but it does not need to dominate the desk.

Include a short card so the recipient knows who sent the flowers. A simple message such as “Happy birthday, hope you enjoy your day” is enough. For a group gift, list the names of the people who joined in.

If your coworker has mentioned a favorite flower or color, use that information. A choice that reflects something they have shared will feel more personal than an elaborate arrangement chosen for its size.

Keep the flowers easy to enjoy, the message warm, and the presentation appropriate for the office.

Have a look at buying seasonal flowers in the city